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## MISSION

Cornerstone is committed to providing the highest quality, personalized diagnosis and treatment to patients. We have developed a highly integrative approach that customizes care across disciplines while embracing minimally and non-invasive techniques.



**Selected as Best of Irvine  
Acupuncture Clinic in 2016 by  
Irvine Award Program**



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## LOCATION

### IRVINE OFFICE

650 Roosevelt #2F  
Irvine, CA 92620  
T. 949.424.6430 F. 949.612.0010

### FULLERTON OFFICE

301 W. Bastanchury Rd #175  
Fullerton, CA 92835  
T. 949.424.6430 F. 949.612.0010

Our office is contracted with

- Most PPO/HMO/IPA Insurances
- Worker's Compensation Insurances
- Personal Injury / Auto Insurances
- Secondary Medicare Plans
- Triwest Healthcare for Veterans
- Most Traveler's / Student Insurances

Affordable options are also given to patients without health insurance plan.

For Appointments or any questions,  
Please call us at 949.424.6430 or email  
us at [office@cornerstoneirvine.com](mailto:office@cornerstoneirvine.com)

[WWW.CORNERSTONEIRVINE.COM](http://WWW.CORNERSTONEIRVINE.COM)

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## CORNERSTONE ACUPUNCTURE INSTITUTE

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YOUR #1 CHOICE FOR ACUPUNCTURE



- ACUPUNCTURE
- HERBAL MEDICINE
- THERAPEUTIC MASSAGE
- PHYSIOTHERAPY
- WELLNESS & NUTRITION



# CORNERSTONE TREATMENT

After comprehensive evaluation of each patient, our office will offer individualized treatment options which may include acupuncture, herbal medicine, physiotherapy, therapeutic massage, reflexology, manual therapy as well as referral to specialists or imaging services, if necessary.

**Pain Management / Sports Injury / Stress Relief / Infertility / Women's Health**



"The most professionally rewarding experience is to see my patients relieved of physical illness and return back to normal activities after suffering from different ailments. It is an honor to be entrusted with my patient's health and promise to use my knowledge and skills to provide honest, well-informed, non-invasive and integrative medical approach to my patients."

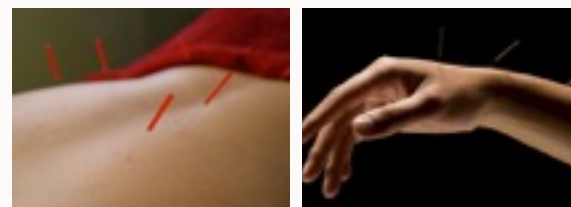
**Brian S. Lee, L.Ac., M.S., Ph.D.**

**Medical Director / Founder**



## ACUPUNCTURE TREATMENT

Acupuncture treats health conditions by stimulating "acupoints" found at specific locations on the surface of the body. Acupuncturist stimulate the points by inserting very thin needles through the skin to produce physiological effects. Acupuncture is used to reduce pain, inflammation, increase blood circulation, reduce muscle spasm, and decrease the side-effect of medication-induced symptom.



## HERBAL MEDICINE THERAPY

In the course of your treatment, herbal medicine may be prescribed. They may dispensed as raw herbs or in pills, capsules, granules which make them easier to ingest. Most herb formulas are customized and individually prescribed to treat a wide variety of symptoms including pain symptoms as well as other internal conditions while stimulating the body's natural healing process.



## MASSAGE & FOOT REFLEXOLOGY

Massage is being offered along with standard treatment for a wide range of medical conditions and situations. Studies of the benefits of massage demonstrate that it is an effective treatment for reducing stress, pain and muscle tension. Reflexology is also being provided to reduce pain and psychological symptoms such as anxiety, metabolic syndrome, insomnia, depression and diabetes.

